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1. A method to enhance stability of a free layer, while retaining free layer signal strength, in a magnetic read head, comprising:

providing a pair of opposing permanent magnet layers separated by a first gap and magnetized in a first direction, that abut, and thereby provide longitudinal bias to, said free layer;

forming, at a distance above said permanent magnet layers, a pair of opposing additional bias layers that are separated by a second gap that is less than or equal to said first gap; and

then magnetizing said additional bias layers in a second direction that is antiparallel to said first direction.

- 2. The method of claim 1 wherein said additional bias layer is selected from the group consisting of CoPt, CoCrPt, CoNiCr, NiFe/IrMn, and CoFe/IrMn whereby it has good exchange coupling field with antiferromagnetic layers, giving it an effective coercivity that is between about 0.05 and 0.75 times that of said permanent magnet layer.
- 15 3. The method of claim 1 wherein said additional bias layer is deposited to a thickness that is at most 0.02 microns less than that of said permanent magnet layer.
 - 4. The method of claim 1 wherein said first gap is between about 0.1 and 0.2 microns and said second gap is between about 0.08 and 0.2 microns.

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- 5. The method of claim 1 wherein said distance above said permanent magnet layer of the opposing additional bias layer is between about 50 and 300 Angstroms.
- 6. The method of claim 1 wherein said magnetic read head is a CIP GMR head.
- 7. The method of claim 1 wherein said magnetic read head is a CPP GMR head.
- 5 8. The method of claim 1 wherein said magnetic read head is a TMR head.
 - 9. A method to enhance stability of a free layer, while retaining free layer signal strength, in a magnetic read head, comprising:

providing a pair of opposing permanent magnet layers, separated by a first gap and magnetized in a first direction, that abut, and thereby provide longitudinal bias to, said free layer;

inserting, below said permanent magnet layers, a pair of opposing additional bias layers that are separated by a second gap that is less than or equal to said first gap; and then magnetizing said additional bias layer in a second direction that is antiparallel to said first direction.

10. The method of claim 9 wherein said magnetic read head is a CIP GMR head.

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- 11. The method of claim 9 wherein said magnetic read head is a CPP GMR head.
- 12. The method of claim 9 wherein said magnetic read head is a TMR head.
- 13. The method of claim 9 wherein said additional bias layer is selected from the group consisting of CoPt, CoCrPt, CoNiCr, NiFe/IrMn, and CoFe/IrMn whereby it has good exchange coupling field with antiferromagnetic layers, giving it an effective coercivity that is between about 0.05 and 0.75 times that of said permanent magnet layer.
- 14. The method of claim 9 wherein said additional bias layer is deposited to a thickness that is at most 0.02 microns less than that of said permanent magnet layer.
- 15. The method of claim 9 wherein said first gap is between about 0.1 and 0.2 microns and said second gap is between about 0.08 and 0.2 microns.
 - 16. The method of claim 9 wherein said distance below said permanent magnet layer of the opposing additional bias layer is between about 50 and 300 Angstroms.
 - 17. A magnetic read head having a free layer with enhanced stability and signal strength, comprising:
 - a pair of opposing permanent magnet layers, separated by a first gap and

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magnetized in a first direction, that abut, and thereby provide longitudinal bias to, the free layer;

above said permanent magnet layers, a pair of opposing additional bias layers that are separated by a second gap that is less than or equal to said first gap; and

said additional bias layers being magnetized in a second direction that is antiparallel to said first direction.

- 18. The magnetic read head described in claim 17 is a CIP GMR head.
- 19. The magnetic read head described in claim 17 is a CPP GMR head.
- 20. The magnetic read head described in claim 17 is a TMR head.
- The magnetic read head described in claim 17 wherein said additional bias layer is selected from the group consisting of CoPt, CoCrPt, CoNiCr, NiFe/IrMn, and CoFe/IrMn whereby it has good exchange coupling field with antiferromagnetic layers, giving it an effective coercivity that is between about 0.05 and 0.75 times that of said permanent magnet layer.
- 15 22. The magnetic read head described in claim 17 wherein said additional bias layer has a thickness that is at most 0.02 microns less than that of said permanent magnet layer.

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- 23. The magnetic read head described in claim 17 wherein said first gap is between about 0.1 and 0.2 microns and said second gap is between about 0.08 and 0.2 microns.
- 24. The magnetic read head described in claim 17 wherein said distance above said permanent magnet layer of the opposing additional bias layer is between about 50 and 300 Angstroms.
- 25. A magnetic read head having a free layer with enhanced stability and signal strength, comprising:

a pair of opposing permanent magnet layers, separated by a first gap and magnetized in a first direction, that abut, and thereby provide longitudinal bias to, the free layer;

a distance below said permanent magnet layers, a pair of opposing additional bias layers that are separated by a second gap that is less than or equal to said first gap; and said additional bias layer being magnetized in a second direction that is antiparallel to said first direction.

- 15 26. The magnetic read head described in claim 25 is a CIP GMR head.
 - 27. The magnetic read head described in claim 25 is a CPP GMR head.

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- 28. The magnetic read head described in claim 25 is a TMR head.
- 29. The magnetic read head described in claim 25 wherein said additional bias layer is selected from the group consisting of CoPt, CoCrPt, CoNiCr, NiFe/IrMn, and CoFe/IrMn whereby it has good exchange coupling field with antiferromagnetic layers, giving it an effective coercivity that is between about 0.05 and 0.75 times that of said permanent magnet layer.
- 30. The magnetic read head described in claim 25 wherein said additional bias layer has a thickness that is at most 0.02 microns less than that of said permanent magnet layer.
- 31. The magnetic read head described in claim 25 wherein said first gap is between about 0.1 and 0.2 microns and said second gap is between about 0.08 and 0.2 microns.
 - 32. The magnetic read head described in claim 25 wherein said distance below said permanent magnet layer of the opposing additional bias layer is between about 50 and 300 Angstroms.